

# CENTRAL LEAGUE SWIMMING AND DIVING



## 2025 SILVER MEET - SWIMMING

FRIDAY, JANUARY 31 & SATURDAY, FEBRUARY 1

WIDENER UNIVERSITY

ENTRIES: Due to Derek Kay ([dkay78@gmail.com](mailto:dkay78@gmail.com)) by 10:00 PM, January 25, 2025

\*TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

## MEET SCHEDULE

### FRIDAY, JANUARY 31, 2025

#### SESSION 1: BOYS

5:00 PM // Warm-Up

L0	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
SH	SH	RID	RAD	MN	LM	HAV PNC	HAV PNC	HAV PNC	HAR	GAV

#### 5:45 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Break / Awards
  - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Break / Awards
  - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Break / Awards
  - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
  - 100 Breast, 400 Free Relay

Spectator Admission: \$5.00

### SATURDAY, FEBRUARY 1, 2025

#### SESSION 2: GIRLS

8:00 AM // Warm-Up

L0	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
SDC SH	SDC SH	SDC SH	RID	PNC RAD	PNC RAD	HAV LM MN	HAV LM MN	GAV	GAV	CON HAR

#### 8:45 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
  - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
  - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
  - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
  - 100 Breast, 400 Freestyle Relay

Spectator Admission: \$5.00

## ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, **they cannot swim at the Silver Meet**
- Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.